



Kia Ora Koutou

Welcome to term 4 and what a busy exciting time ahead we have. Firstly I would like to welcome on board three new Educators; Kelly Snell of Whakatane, Kelly holds a diploma in ECE and in Montessori. Ali Cogel from Matata, Ali has many years experience in working in early childhood, And finally Sarah Milne from Edgecumbe. Sarah has decided to have a change in career and try something different. So a big warm welcome to you all.

Now that summers here please, please, please send extra clothing (2-3 Changes) Children do a lot more outdoor and water-play at this time of year and there's nothing worse when Educators go to change your child and there's no cloths so please keep this in mind when packing your children's bags.

Congratulations to Jan Wilkinson and her team of four who participated in the KNZB (Keep NZ beautiful week) They won a Cheque for \$150 which will go towards new toys and equipment for our service. So a big thumbs up to them.

Nina won a cooking class through office products depot. Thank you to Linda, Meg, Jody and Steph for attending. This was a wonderful experience and the food we cooked was divine. A big thank you to the Wharf shed Whakatane for this prize.



Gym: The children thrive on our weekly visit to the gym. The children are really progressing and are gaining more and more confidence each week. Please remember to give your Educators \$2 to cover the entry fee. If your child is not in care on a Tuesday please feel free to come and join us at 10:45 at the Whakatane high school gym on Lovelock Street..

Fun events coming up this term:



We have our end of year Christmas get together. You all should have received an invitation from your Educator. This is being held at 408 Galatea Rd. At Nigel Martins farm. The turn off for this road is just as you come into Te Teko from Whakatane. Please bring along a plate for a shared lunch. Suitable footwear to be worn. Children not signed up with a Kidz world are welcome to come but there is an additional cost of \$5. Adults are free. Bring along some change to buy some of Nigel's beautiful strawberries, just in time for Christmas.

Christmas decoration making day. This will be happening on Monday the 19th of December at Meg's house.

**USEFUL READ
FIVE WAYS TO GIVE YOUR CHILD
CONFIDENCE**

- (1) Give them the chance to try doing things you usually say no to because it's quicker or easier to do them by yourself. The buzz of achievement they get out of tying their own shoelaces or ringing the movie theatre to find out when a film starts will help build self-esteem.
- (2) Listen to the way you talk to them, then try rewriting the script to include more positive language and praise. Comment on good behaviour you've taken for granted - how well they're playing with their siblings, for example, instead of waiting for a punch up, then telling them off.
- (3) Make a mental list of all the things they've done or aspects of their character you feel they should especially value and talk about them. We all need to be reminded of our strong points to help boost that "feel good" factor and its a knack kids benefit from learning early.
- (4) Encourage them if they attempt something new but don't make them feel they've failed if it doesn't work out at first. It's trying which counts.
- (5) Feeling loved breeds confidence so tell them you love them. Putting it in writing works wonders too.

What's on offer in our community

Play groups
Salvation army offer Music & Movement on a Wednesday and Friday mornings gold coin donation per child, starts at 10am. Morning tea and coffee provided.
Whakatane library offer story time on Thursdays as advertised

WHAKATANE COMMUNITY TOY LIBRARY

Ph 07 3089456
Rangitaiki Independent School,
9 Fisherman's Drive, Coastlands,
Whakatane Opening Hours (term times only)
Wed 3.00pm - 4.00pm
Sat 10.00pm - 11.00am

Reminder to all Educators: Please send Yellow forms, ECE Attestation forms, Winz forms etc in with your time sheets. This helps reduce getting lost.

Healthy food ideas:

It's important for children to adopt a healthy lifestyle starting at a young age. Parents play an essential role in helping shape children's eating habits. Lunch time for younger children can be a great opportunity to offer a mini-picnic type selection for them. Give them lots of different finger foods to try

- Fruit cut up with yoghurt to dip it into
- Sandwiches cut into small squares
- Mouse traps or other cheese on toast type options
- Vegetable sticks (carrot, cucumber, red pepper) or cocktail tomatoes
- Ham shaved thinly
- Pasta
- Cheese and crackers

News in general:

Nina is away in Auckland from the 28th of Nov until the 13th of Dec. However she will be contactable
0272218107.

If you have friends or family looking for childcare next year we currently have a few spaces available so tell them to get in quick. Phone Nina 0272218107



Kelly, Nina and Steph wish you all a very safe, happy and Merry Christmas. We are excited as to what next year has to bring.